



**Members
Handbook 2021**

CLUB OFFICIALS 2021

President	Mike Wood	01483 272488	president@swrc.org.uk
Vice President	Bob Maylin	01372 375646	
Committee Members	David Jordan	01932 868623	
Hon. General Secretary	Phil Parkinson	020 8873 3556	secretary@swrc.org.uk
Hon. Membership Sec.	Jonathan Walters	07504 515258	membership@swrc.org.uk
Hon. Treasurer	Gordon Bowser	01372 843908	treasurer@swrc.org.uk
Hon. Racing Secretary	Phil Parkinson	020 8873 3556	racing@swrc.org.uk
Hon. Audax Secretary	Chris Ball	01306 886971	audax@swrc.org.uk
Hon. Ladies Secretary	Edel Costello	01932 355158	ladies@swrc.org.uk
Hon. Club Runs Secretary	Ian Waldron	01372 376143	clubruns@swrc.org.uk
Hon Webmaster	Gordon Davies	01372 374936	webmaster@swrc.org.uk
Hon. Clothing Secretary	Gordon Bowser	01372 843908	clubclothing@swrc.org.uk
Welfare Officer	David Candlin	07968 237696	welfare@swrc.org.uk
Committee Members	Steve Landells	0208 398 8302	
	David Savin	07799 657008	
Hon. Auditor	Ian Smith		
Vice Presidents	P. Parkinson, C. Quemby, G. Redhead, D. Jordan, R. Robinson, R. Squirrel, A. Parkinson, R. Maylin.		
Website	www.swrc.org.uk		
Facebook:	facebook.com/groups/southwesternroadclub/		

South Western Road Club Constitution

1. Name & Legal Form of Club

The Club will be called South Western Road Club (“the Club”) and may also be known as SWRC. The club is an unincorporated association. The club does not employ staff, own significant assets (e.g. land) or enter into significant contracts.

2. Aims and Objectives

The aims and objectives of the Club will be:

- To promote road cycling, through participation in group rides, sportives, racing, and Audax events
- To promote other cycling disciplines, such as MTB, gravel cycling, and track cycling,
- To ensure a duty of care to all members of the Club
- To provide all its services in a way that is fair to everyone

3. Membership

- a) Membership of the Club is open to anyone principally interested in participating in road cycling, regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion, or other beliefs.
- b) The membership shall consist of the following categories:
 - Adult Member (1st Claim)
 - Adult Member (2nd Claim)
 - Family Member
 - Junior (U18) Member
 - Honorary Life Member

(A 1st claim member will always race for the benefit of SWRC. A 2nd claim member will race for the benefit of their 1st claim club.)

- c) All members shall be subject to the regulations of the constitution and by joining the Club will be deemed to accept these regulations and codes of practice that the Club has adopted.
- d) Subscription fees may be changed by approval of the Committee at any time.

- e) Individuals shall not be eligible to take part in the business of the Club, vote at general meetings or be eligible for selection of any Club team unless the applicable subscription has been paid by the due date and/or membership has been agreed by the Club Committee.
- f) Membership fees fall due on 1st November of each year. Members paying after 31st December will be subject to a late payment penalty, and members not paying by 31st January will be deemed to have resigned.

Membership Type	Fee
Joining Fee	£20 (+ free Club jersey)
Joiners: 1st July -30 th Sept	50% of annual subscription
Joiners: after 30 th Sept	Pays full year on following 1 st Nov.
Life Member	£ 0 p.a.
Adult	£25 p.a.
2nd Claim	£ 25 p.a.
Family	£ 30 p.a.

- g) Members leaving the club for whatever reason shall have no claim on the assets of the club.

4. Sports Equity

- a) This Club is committed to ensuring that equity is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity:

Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.

- b) The Club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.
- c) The Club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment, and abuse.
- d) All Club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.

- e) The Club will deal with any incidence of discriminatory behaviour seriously, according to Club disciplinary procedures.

5. Management of the Club

The affairs of the Club shall be conducted by a Committee. These positions are all Honorary (unpaid). All Voting Positions carry one vote

Position	Number (max)	Voting Position
President	1	Yes
Vice-President	2	Yes
Secretary	1	Yes
Membership Secretary	1	Yes
Treasurer	1	Yes
Club Runs Secretary	1	Yes
Audax Secretary	1	Yes
Racing Secretary	1	Yes
Ladies Secretary	1	Yes
Welfare Officer	1	Yes
Webmaster	1	Yes
Clothing Secretary	1	Yes
Co-opted Members **	2	Yes

** Preferably one to be under 23 years of age, but may be filled by any other member

- a) Committee Members shall be elected at the Annual General Meeting.
- b) No person shall hold more than two positions at any time.
- c) All Committee members must be members of the Club.
- d) The term of office shall be for one year, and members shall be eligible for re-election.
- e) If the post of any Committee member shall fall vacant after such an election, the Committee shall have the power to fill the vacancy until the succeeding Annual General Meeting.
- f) The Committee will be responsible for adopting new policy, codes of practice and rules that affect the organisation of the Club.

- g) The Committee will have powers to appoint any advisers to the Committee as necessary to fulfil its business.
- h) The Committee will be responsible for disciplinary hearings of members who infringe the Club constitution. The Committee will be responsible for taking any action of suspension or discipline following such hearings.
- i) The Committee meetings will be convened by the Secretary of the Club and be held no less than 6 times per year, except in exceptional circumstances. Such an exception requires approval by the President and Secretary.
- j) Only Voting Committee Members will have the right to vote at Committee meetings.
- k) The quorum required for business to be agreed at Committee meetings will be 5, of which one must be the President, Secretary or Treasurer.
- l) If a Committee Member fails in the performance of their duties, a Special General Meeting may be called for the purpose of removing that individual from office.
- m) The Hon Auditor is an Officer of the Club but is not a member of the Committee.

6. Finances

- a) The Club Treasurer will be responsible for the finances of the Club.
- b) The financial year of the Club will run from 1st November and end on 31st October
- c) All Club monies will be banked in an account held in the name of the Club.
- d) Prior to the Annual General Meeting, the annual accounts will be reviewed and approved by the Hon Auditor.
- e) A statement of annual accounts will be presented by the Treasurer at the Annual General Meeting.
- f) The Treasurer will maintain a Financial Controls Policy document which shall be approved by the Committee annually. This will mitigate the risk of fraud, through such controls as requiring invoices for all expenses and pre-approval of large expenditure items
- g) The Committee shall at its' discretion provide financial assistance to those participating in specific cycling events. The amount of funding shall be determined by the Committee as it sees fit from time to time. Members will be required to apply to the Committee for funding, and the Committee will take each request into

consideration. Decisions of the Committee shall be final and shall be communicated to the member.

- h) All members of the Club shall be equally responsible for the financial liabilities of the Club

7. Annual General Meetings and Extraordinary General Meetings

General Meetings are the means whereby the members of the Club exercise their democratic rights in conducting the Clubs' affairs.

- a) The Club shall hold the Annual General Meeting (AGM) in the month of December to:

- Approve the minutes of the previous year's AGM.
- Receive reports from the Chairman and Secretary.
- Receive a report from the Treasurer and approve the Annual Accounts.
- Receive reports from other Committee Members on the activities of the Club.
- Elect the officers on the Committee.
- Agree Club affiliations.
- Consider any proposed changes to the Constitution.
- Deal with other relevant business.
- Agree club cycling events for the forthcoming year.

- b) Notice of the AGM will be given by the Club Secretary no later than 1st December, (can't be later due to Xmas and New Year) at a convenient time and place, by giving not less than 21 days' notice in writing or email to be given to all members.
- c) Nominations for officers of the Committee will be sent to the Secretary prior to the AGM.
- d) Proposed changes to the constitution shall be sent to the Secretary prior to the AGM at least 10 days before an AGM. No such motion shall be considered unless at least 3 days' notice of the motion in writing has been given to all members.
- e) All members have the right to vote at the AGM.
- f) The quorum for AGMs will be the lower of 10% of the membership or 20 members

- g) The chairman of the meeting shall hold a deliberative as well as a casting vote at general and Committee meetings.
- h) An Extraordinary General Meeting (EGM) may be called by the Committee, giving not less than 7 days' notice in writing to all Club members. The Secretary shall call an EGM at any time on receiving an application in writing to the Secretary supported by at least 10% of the members of the Club. The Committee shall also have the power to call an EGM by decision of a simple majority of the Committee members.
- i) In the case of a member being expelled from the Club, that person shall have the right to appeal to an EGM upon application being made to the Secretary within 14 days of expulsion.
- j) At an EGM, only the business for which the meeting has been called may be discussed and voted on.
- k) All EGM procedures shall follow those outlined above for AGMs.

8. Amendments to the constitution

The constitution will only be changed through agreement by majority vote at an AGM or EGM.

9. Discipline and appeals

- a) All concerns, allegations or reports of poor practice/abuse relating to the welfare of young people will be recorded and responded to swiftly and appropriately. The Welfare Officer is the lead contact for all members in the event of any child protection concerns.
- b) All complaints (except in relation of 9a above) regarding the behaviour of members shall be presented and submitted in writing to the Secretary.
- c) The Committee will meet to hear complaints within 45 days of a complaint being lodged. The Committee has the power to take appropriate disciplinary action including the termination of membership.
- d) The outcome of a disciplinary hearing shall be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 20 days of the hearing.

- e) There will be the right of appeal to the Committee following disciplinary action being announced. The Committee shall consider the appeal within 20 days of the Secretary receiving the appeal.

10. Dissolution

- a. A resolution to dissolve the Club can only be passed at an AGM or EGM through a majority vote of the members attending that meeting.
- b. In the event of dissolution, all debts shall be cleared with any Clubs funds. Any assets of the Club that remain following this will be distributed:
- Remaining cash assets shall be distributed equally to all current members
 - Cycling-related physical assets (e.g. event signs) to be donated to local cycling club(s) with similar objectives.
 - Any other assets (e.g. trophies) will be distributed according to a majority vote of the members at that point.

11. Interpretation of Rules

The interpretation of these rules lies with the Committee, and the decision of the Committee upon all matters not provided for by the rules shall be final and binding upon all concerned.

CLUB AFFILIATIONS

BC	British Cycling	Road and track racing.
CTT	Formerly RTTC	TimeTrials.
SCCU	Southern Counties Cycling Union	Programme of RR. & TT's
CTC	Cyclists Touring Club	National cycling charity offering advice to Cyclists

Basis of Trophy Awards

TIME TRIALS

The **Club Time Trial Championship Trophy** (CHAMPIONSHIP TROPHY CUP) shall be awarded to the member who, at the close of the season, shall have accomplished the highest average mph at distances of 10, 25 and 50 miles out & home in Open, Association, Combine, Inter-club and club events – to be calculated as average mph for one event at each distance, added and divided by 3.

The **Veteran Time Trial Championship** (BILL REED CUP) shall be awarded to the member over the age of 40 years on the day of the event who has accomplished the highest standard (as in the laid down scale of the VTТА) from one 10 mile and one 25 mile time trial - to be calculated as average mph for one event at each distance, added and divided by 2.

The **Fastest 10 Trophy** (SYD PARKINSON CUP) shall be awarded to the member recording the fastest 10 during the season.

In each case, the average mph shall be calculated to as many decimal places as required.

The **PS Parkinson 2-up Cup Time Trial Trophy** (MEMORIAL CUP) shall be awarded to the fastest pair of members over a handicapped series of races. Handicaps to be calculated by the Time Trial Secretary.

The **Hill Climb Championship Trophy** (HILL CLIMB CUP) shall be awarded to the member with the fastest time over the selected hill climb.

ROAD RACES

The **Road Race Champion** (HART CUP) shall be the member who has the highest number of points from the total of (i) Surrey League Handicap, (ii) Surrey League (iii) British Cycling races during the season. The points shall be based upon the same points system as that employed and published by British Cycling and the Surrey League.

The **Veterans Road Race Champion** (ALFRED KNOWLES MEMORIAL BOWL) shall be the veteran member (over 40 years on the day of the race in the relevant category) who has the highest number of points from the road race season. The points shall be accumulated from LVRC (League of Veteran Racing Cyclists) events as follows: 10 for win, 8 for 2nd, 6 for 3rd, 4 for 4th, 2 for 5th, 1 for a finish. **Those eligible for the trophy are responsible to provide the following details to the Road Race Secretary at the end of each season:** Name, Category for each place claimed, place, event and date.

OTHER TROPHIES

The **Most Meritorious Performance Trophy** (FW ROBINSON CUP) shall be awarded by the Committee on the basis of competitive results or work for the Club.

Sam's Tankard (NON-RETURNABLE TANKARD) shall be awarded by the Committee for competitive results or work for the Club In years when the Most Meritorious Performance Trophy has been awarded, but where the Committee decides that recognition is merited for a further member.

The **SWRC Cyclo sportive Shield** (The SWRC Shield) shall be awarded based on the majority decision of the Committee. The following factors will be taken into account: number of events completed, difficulty of events completed, relative 'standard' of results achieved.

Special Award (Cup) shall be awarded on the majority decision of the Committee. Award will be based on achievement relative to the ability of the winner e.g. a young, but mature male's result would be expected to be higher in the same base case versus that of a lady or relatively elderly competitor's result, or that of a member with health difficulties.

Ladies Cup (Cup) shall be awarded for outstanding performance by a lady for all types of competition or achievement.

Winners of trophies hold them for the ensuing season, after signing an agreement accepting Custodial responsibility. Winners are responsible for returning the trophies to the Hon: Gen: Sec: at the end of each calendar year in good condition.

The interpretation of these regulations lies with the Committee. The decision of the Committee upon all matters not provided by the regulations shall be final.

Audax Championship

Winner to be the rider with the highest number of points on the Audax website.

Annual report 2020

Club membership by J. Walters

After several years of increasing our membership the club saw a slight decrease as memberships were renewed this year.

We currently have 204 members down from 211 in 2019

Normally during the year, we see around 10 new members join through the year, but the events of 2020 saw just 4 apply. Once club activities recommence properly, we should see some new faces wanting to affiliate.

Committee activity by Phil Parkinson

Your Committee met 7 times in 2020 to discuss club activities. Two at the start of the year as a group and then 5 online via Zoom. Items discussed during the year were:

Consideration to new club jersey design and procurement of new club kit.

Issuing general advice on riding alone or in groups during the year in accordance with government guidelines.

Initiating use of Spond app for organising meeting up of members where restricted due to the pandemic restraints.

Organisation of first aid training for group ride leaders and nominated attendees.

Postponement of the club Mayflyer sportive.

Discussing and agreeing reduction in club membership subscriptions for 2021.

Updating and modification to the club website.

Formation of club constitution based on BC template to supersede club rules document.

Agreeing charitable donations during the year amounting to £2,250.

Appointment of David Candlin as club Welfare Officer. This role is required as part of our club affiliation to British Cycling in assisting with safeguarding and protection of children and young people within the club, and to promote where required the clubs safeguarding and protection procedures.

Racing events by Phil Parkinson

Just one club time trial event took place in early August. However, it was well supported with 15 members taking part. It concluded with the only SWRC summer social event of the year – drinks at the Black Swan pub.

Despite the time trial season not starting until July, Colin Parkinson managed to complete times for the required distances and won the Club Best All Rounder with an average speed of 27.39 mph for the 10, 25 and 50 miles and also took the Veterans BAR trophy.

Our year long, hill climb championship was held up Radnor Road and Oil Ball came out on top for the men while Jane Geddes faired best in the ladies. 37 members recorded a time on Strava up the climb.

Financial Position by Gordon Bowser

The club remained in a secure financial position during 2020 with a deficit of £1,259 for the year, while the bank account held a balance of £22,750 at the year-end.

The main source of the Club's income remains memberships (£3,498). This was down on the previous year as we offered a one-time discount to those moving to direct debit payment, and we had fewer new joiners. While the May Flyer did not run this year, many entrants donated their entry fees (£3,006). On the back of this, the club was able to make charitable donations of £2,250. We donated £1,500 to the Full Circle Fund and £750 to the Kent Surrey Air Ambulance.

Membership Fees

The treasurer would like to thank those who arranged to pay by direct debit and those who paid their memberships on or before 31st October 2020. If you have not already paid, please do so as soon as possible. Late payers will receive a penalty of £15 after 31st December 2020.

Club Kit

The committee agreed to launch a new kit design, and this has been very well received. As part of the club's financial strategy reduce our cash holding, we offered a significant discount to the cost price. 71 members purchased 161 items. The club subsidy amounted to £2,675 and the club absorbed the cost of postage & packing to the tune of £435. We will be re-opening the store in the Spring continuing the discount scheme, and we hope members will add to their new SWRC collection.

2020/21 Financial Strategy

We aim to continue the 2020 financial strategy of reducing the overall cash balance into 2021. We will do this in a way that continues to promote the club activities and benefits as many members as possible. In light of the club's reduced activities due to Covid-19, our costs have also reduced. Consequently, we have reduced all membership fees (exc. Juniors) for 2020/21 by £10.

2020 AGM Hon Auditors Report by Ian Smith

In accordance with the Committee's instructions I have reviewed the South Western Road Club's accounts for the year ended 31 October 2020. I have not audited the Club's accounts.

I can confirm that the Revenue account for the year ended 31 October 2020 and the Balance Sheet as of 31 October 2020 are in agreement with the books and records maintained by the Club.

Social Events

The annual lunch held in January was organized by Ben Thomas at Federation House in Leatherhead. After more than 80 bookings in 2016 and 2017 we had a reduction in numbers attending in 2018 to only 61 (only around 35 actual club members). It was suggested a guest speaker could be invited to increase numbers and after a slow start in the end we had 73 guests attending to listen to James Hayden talk to us about his cycling endurance events and experience as winner of the Transcontinental Cycle Race.

The 2019 AGM was attended by 39 Members. We decided to also make the event an awards presentation as well due to the slightly altered format for our annual lunch which reduced the time available.

Club runs by Peter Dewis

The restrictions arising from Covid19 mean that it has been a very quiet year for organised club runs. During the first lockdown no formal rides were possible. As the restrictions were lifted it was possible to organise runs of up to six riders. This was facilitated by the Spond App whereby leaders posted rides on the app and members booked their place on these in advance. Unfortunately, the second lockdown has led to all rides being suspended again. The Spond App proved to be very effective, and it will be used again as soon as the restrictions are lifted to allow for a resumption of organised rides.

Club website by Gordon Davies

It has been a quiet year for the website with relatively few changes.

- I Website logo updated to reflect the new clothing
- I Updated Clothing Page
- I New Adverse Weather Policy page
- I Added membermojo payments to the Bike Box Loan Page
- I Added New Photos
- I Updates about the cycling restrictions for this year and using Spond app to organize rides.

It would be great to get some new photos of riders out in the new clothing. Photos can easily be uploaded using the Photo Gallery page, which is under the About Us Menu item.

Audax rides by Nick Allen

Inevitably the year has been quiet on the Audax front with no audax events run for much of the year and for a good part of the remainder even DIY or Permanent rides (ie where the ride is done when not part of an organised event) were not being recognised.

Accordingly, reporting on the points score for the club for the audax season which ends on 30 September is of limited relevance, but for the record we came 17th nationally.

For much of the year Jeff Ellingham, usually our points scorer in chief was injured but he is now back and clocking up the miles.

That said a number of events have been ridden by audaxing members in the short window when rides were being recognised, including by Chris Ball, Bryan Butterworth, Jeff Ellingham, Claire Lilley, Helen Millier, Chris Ball, Nick Allen, Edel Costello and Jonathan Walters.

The standout rider has been Alan Parkinson who completed a Super Randonneur Series comprising riding a 200, 300, 400 and 600kms ride, notably including two particularly demanding rides for the 400 and 600kms rides, the Porkers and the Kernow. They are both hilly and remote rides and very tough even when run as an event but when ridden as DIY rides as Alan did, with no controls or sleeping facilities provided, they are extra hard.

The audaxers in the club remain keen as can be seen from a number having entered the forthcoming South Bucks 200 on the 5th December .

Ladies report by Edel Costello

Despite the challenges of this year, many female club members have maintained an active presence riding regularly. Either solo, with a fellow clubmate or joining midweek and weekend groups when government guidelines have allowed.

There has been participation in several Audax events, and 4 female members joined a larger group of clubmates for a social and sunny away day around the Isle of Wight in July.

Particular mention and congratulations to Jane Geddes for her success in this year's club hill climb championship.

Also, in September, Helen Millier and Clare Liley completed the tough Scottish NC 500 in 6 days. They acted as support riders for a charity challenge, where the lead rider was using a specially adapted hand cycle. Well done Helen and Clare.

Club clothing report by Phil Parkinson

Club clothing was redesigned in 2019 and this was introduced to the membership for purchasing in the Autumn. Here are some of the statistics from our first order:

Items Ordered: Range	161, of which 59% from the Pro/Elite
Members who participated:	71
Cost of Kit ordered:	£10,333 (less than expected due to 10% discount being applied by Kalas)
Members paid:	£7,948
Total cost to club (subsidy):	£2,675 – of which £257 was new member jerseys
So average subsidy of:	£34 per member.

The next store opening will be in Spring 2021. We are planning to add arm warmers, winter jackets and gloves to the range. Discounted rates will still be available to members who did not order this time around.

Our thanks to Gordon Bowser for organizing the discount scheme for club clothing and coordinating distribution of orders to the membership.

Club Awards

The Most Meritorious Performance Trophy award 2020.

Awarded to Gordon Bowser for his work during the year on reworking the club constitution, dealing with the new club clothing distribution and helping in bringing about the Spond app for club rides as well as acting as Hon. Treasurer.

Sam's Tankard

Peter Dewis for his work in organising the club rides and ride groups in recent years.

Audax Championship

Alan Parkinson

Philip Parkinson

Hon. General Secretary

CLUB TIME TRIALS RECORDS

Distance	Time	Record Holder	Date
Men			
10 miles	19.42	C. Parkinson	2016
25 miles	50.46	C. Parkinson	2008
30 miles	1.03.16	C. Parkinson	2015
50 miles	1.45.56	C. Parkinson	2014
100 miles	3.45.55	C. Parkinson	2008
12 hours	281.63 mls	C. Parkinson	2011
24 hours	449.43 mls	M. Scholes	2015
Women			
10 miles	23.00	R.Hutton	2009
25 miles	59.50	R Hutton	2006
50 miles	2.14.00	C.Schouten	1988
100 miles	4.56.42	C.Schouten	1988
Junior (under 18)			
10 miles	21.53	C.Davis	1991
25 miles	56.13	S.Boorer	1987
Juvenile (under 16)			
10 miles	23.01	A.Parkinson	1979
25 miles	1.01.20	A.Parkinson	1979
Tandem			
10 miles	22.10	M.Fraser / A.Fraser	1999
25 miles	55.11	P.D.Parkinson / S.Gowar	1978
25 miles (mixed pair)	55.51	M.Fraser / A.Fraser	2000
30 miles	1.05.35	P.S.Parkinson / O.Davies	1949
50 miles	1.51.27	P.S.Parkinson / O.Davies	1953
100 miles	4.10.48	H.C.Fry / W.Mordan	1935
12 hours	244.628 mls	E.T.Knowles / F.J.Portch	1936
Tricycle			
10 miles	25.08	W.Squirrell	1979
25 miles	1.04.20	W.Squirrell	1979
30 miles	1.25.47	W.Squirrell	1960
50 miles	2.20.58	W.Squirrell	1979
100 miles	5.18.50	R.Morford	1942
12 hours	207.995 mls	W.Squirrell	1960
24 hours	357.0 mls	W.Squirrell	1963
Tandem Trike			
10 miles	24.44	W.Squirrell / R.Squirrel	1991
12 hours	232.750 mls	R.Morford / G.Lawrie	1942
London- Portsmouth and back			
Solo	5.41.25	P.S.Parkinson	1951
Tandem	5.06.05	P.S.Parkinson & O Davis	1954

CLUB CYCLE KIT

We open the club kit shop 3 x per year. We have a wide range of clothing and accessory items at different price points to meet our members' requirements.

New members should order their free short-sleeve jerseys through the kit shop. The club does not hold any stock. The store is operated through the MemberMojo system that we use for memberships.

Please do be aware that because all ordered items are club specific, if you order an item that does not suit you for any reason then our supplier, Kalas, will NOT offer any refunds.

We will offer a "bulletin board" for members to sell/swap items to other members if there are issues kit sizes. The Club will NOT provide refunds.

First Claim Club Members **must wear a South Western Road Club jersey** in any recognised cycle race sanctioned by a governing body e.g. BC / CTT / LVRC / SCCU etc. First Claim members must **enter and ride in any recognised cycle race in the name of South Western Road Club**. Members are encouraged to ride in their club jersey and shorts whenever possible.

Third Party Insurance

What about insurance? You should accept responsibility for your own conduct and safety (including the safety of your bicycle and other equipment) during Club activities. You are responsible for your own safety and individuals take part in any group rides at their own risk. SWRC and its club members accept no responsibility for the safety of anyone participating in group rides, and no liability in the event of an accident. We strongly recommend that you take out appropriate third party insurance.

Cycling UK membership can be taken out at a reduced rate or you can join British Cycling at race or ride level all of which will give suitable third party liability insurance for accidents which are your fault.

SWRC Welfare Officer

The main purpose of a club welfare officer is to assist with the safeguarding and protection of children and young people within a club, and to promote the club's policies and procedures on this. They also act as the main point of contact to deal with any concerns around safeguarding within the club. Details of the current SWRC Welfare Officer and their contact information can be found under the club officials page.